

What's on the Menu? Potter's House High School



Lunch Menu - March 2024

## Student lunch \$3.25 Reduced price \$.40

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 10% white and skim chocolate.

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
| 4-Mar   | 5-Mar  | 6-Mar  | 7-Mar  | 8-Mar  |
| Szechwan Chicken, Fried Rice,   | Beef Walking Taco  | Pulled Chicken Sandwich W/ Corn on                     | Meatloaf, Mashed Potatoes, Mixed                                     | Spicy chicken tenders & Macaroni and   |
| Vegetable Egg Roll W/ a fortune<br>cookie   |  | the Cobb   | Vegetables, and a Garlic Breadstick                                  | Cheese served with a breadstick  |
| Cheeseburger on Whole Grain Bun   | Cheesy French Bread w/ Sauce   | Breaded Chicken On WG Bun                              | Beef Fiestada Sandwich IW  | WG Philly Cheesesteak Pinwheel   |
| Sesame Broccoli Salad   |  |  | W/ Salsa Cup and Sour Cream Packet                                   |  |
| WG Cheese Pizza   | WG Pepperoni Pizza   | WG Cheese Pizza  | WG Meat Lovers Pizza   | WG Cheese Pizza  |
| Strawberry Banana Yogurt Parfait  | Cobb Salad and Muffin  | Strawberry Banana Yogurt Parfait                       | Cobb Salad and Muffin  | Strawberry Banana Yogurt Parfait   |
| Tossed salad  | Fresh Shredded Carrots   | Coleslaw   | Fresh Baby Carrots   | Cherry Tomatoes  |
| Fresh Celery Sticks   | Peas   | Chopped Romaine lettuce                                | Hearthy Green Spinach and cranberry<br>Salad                         | Caesar Salad   |
| Fresh Baby Carrots  | Broccoli Ranch Salad w/ Carrots  | BBQ Bean Salad   | Sliced bell peppers  | Cauliflower Florets  |
| Rosy Applesauce   | Chilled Mixed Fruit  | Chilled Pineapples                                     | Chilled Peaches  | Chilled Pears  |
| Fresh Banana  | Fresh Honeydew Melon   | Fresh Oranges  | Fresh Grapes   | Fresh Apple  |
| 11-Mar  | 12-Mar   | 13-Mar   | 14-Mar   | 15-Mar   |
| Curry Chicken Bone-in Wings, Yellow<br>Basamati Rice, WG Naan Bread   | Build Your Own Nacho Bar   | Mashed Potato and Popcorn Chicken<br>Bowl              | Pepperoni Pasta Bake with Garlic<br>Breadstick                       | Make your own Breakfast Burrito: WG<br>10' Tortilla<br>Eggs, Cheese, Ham, Bacon, Cheese<br>Sauce and Hashbrown Stars |
| Breaded Chicken Sandwich  | WG Philly Cheesesteak Pinwheel   | Pancake on a stick (2)                                 | Spicy Chicken Tenders and Dinner Roll                                | Turkey corn dog  |
| WG Pepperoni Pizza  | WG 6" Bosco Sticks (2) with Sauce  | Buffalo Chicken Pizza                                  | WG Cheese Pizza  | WG Pepperoni Pizza   |
| Strawberry & Blueberry Yogurt Parfait   | Roasted Turkey Club Salad w/ Croutons &<br>Goldfish Crackers             | Strawberry & Blueberry Yogurt Parfait                  | Roasted Turkey Club Salad w/ Croutons &<br>Goldfish Crackers         | Strawberry & Blueberry Yogurt Parfait  |
| Refried Beans   |  |  | Baked Beans  |  |
| Salsa & Chopped Romaine lettuce   | Caesar Romaine Salad   | Fresh Cucumber Slices                                  | Sweet peas   | Fresh Baby Carrots   |
| Potato Salad  | Fresh Baby Carrots   | Fresh Cherry Tomato                                    | Antipasto Italian Salad  | Fresh Cauliflower  |
| Cherry Tomatoes   | Fresh Spinach  | Tossed salad   | Shredded Carrots   | Fresh Broccoli   |
|   |  |  |  |  |
| Chilled Mandarin oranges  | Cinnamon Raisin Apple Slices   | Peachy Fruit Salad with grapes                         | Chilled Tropical Fruit   | Jello with Fruit   |
| Watermelon 18-Mar   | Fresh Pear<br>19-Mar   | Cantaloupe Cubes 20-Mar                                | Apple Salad w/ yogurt dressing<br>21-Mar                             | Fresh Oranges<br>22-Mar  |
| Baked Potato Bar: Your choice of,<br>Cheese Sauce, Shredded Cheese,<br>Broccoli, Bacon, Chilli & Sour Cream | Soft Shell Chicken Tacos W/ Refried<br>Beans                             | Genral Tso's Chicken & Lomein W/<br>Vegetable Egg Roll | Cheese Omellete, Apple Cinnamon<br>French Toast & a Hash Brown Patty | Chicken Tiki Masala, Basamati Rice<br>and Warm Pita Bread  |
| Chicken Fries and a Dinner Roll   | Classic Cheeseburger   | Mini Corn Dogs   | Beef Fiestada Sandwich IW<br>W/ Salsa Cup and Sour Cream Packet      | Ham and Cheese Hot Pocket  |
| WG Cheese Pizza   | WG Pepperoni Pizza   | Buffalo Chicken Pizza                                  | Bosco Stick With Sauce   | WG Cheese Pizza  |
| Brust'O Berry Parfait   | Chef Salad with Ham, Turkey Croutons &<br>Gold Fish Crackers             | Brust'O Berry Parfait                                  | Chef Salad with Ham, Turkey Croutons &<br>Gold Fish Crackers         | Brust'O Berry Parfait  |
|   |  | Mixed Oriental Vegitables                              |  |  |
| Caesar Romaine Salad  | Salsa & Chopped Romaine lettuce  | Edamame  | Sweet peas   | Fresh Bell Pepper Slices   |
| Fresh Broccoli  | Pico De Gallo  | Tossed salad   | Shredded Carrots   | Broccoli Salad w/ carrot   |
| Chilled Mandarin oranges  | Cinnamon Raisin Apple Slices   | Peachy Fruit Salad with grapes                         | Chilled Tropical Fruit   | Fresh Grapes   |
| Watermelon  | Fresh Pear   | Cantaloupe Cubes                                       | Apple Salad w/ yogurt dressing                                       | Fresh Oranges  |
| 25-Mar  | 26-Mar   | 27-Mar   | 28-Mar   | 29-Mar   |
| 25-141  | 20-11/1  | 27-191   | 20-War   | 23-Wai   |
| Chicken tenders, Curly Fries & Dinner<br>Roll   | Orange Chicken, Fried Rice, Egg Roll and<br>Seasoned Oriental Vegetables | Italian Baked Pasta and Garlic Toast                   | Steak or Chicken Fajitas (2) W/ Sauteed<br>Peppers and Onions        | -  |
| Cheeseburger and curly Fries  | Spicy Chicken Sandwich   | Ham and Cheese Hot Pocket                              | BBQ Beef Riblet on Wg Bun  |  |
| WG 6" Bosco Sticks (2) with Sauce   | WG Cheese Pizza  | Buffalo Chicken Pizza                                  | WG Meat Lovers Pizza   | Continue   |
| Horchata Apple Parait   | Spicy Chicken Popper Salad w/ Croutons                                   | Horchata Apple Parait                                  | Spicy Chicken Popper Salad w/ Croutons                               | OPING  |
| Dark Green Tossed Salad   | Fresh Shredded Carrots   | Caeasar Salad  | Salsa  |  |
| Celery Sticks   | Romaine Salad  | Fresh Red Pepper Strips                                | Shredded Lettuce   |  |
|   |  |  |  | DHEAN  |
| Fresh Baby Carrots  | Edamame  | Carrot and Celery Sticks                               | Fresh Broccoli   | tress, or syn de H   |
| Rosy Applesauce   | Chilled Mixed Fruit  | Chilled Pineapples                                     | Chilled Peaches  |  |
| Fresh Banana  | Fresh Honeydew Melon   | Fresh Orange Wedges                                    | Fresh Red Grapes   |  |
|   |  |  | l  | Questions or comments?   |



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Questions or comments? Please call Charisse Carrillo Food Service Director at 616-241-5202