

What's on

the Menu? Lunch Menu - October 2024



please contact Food Services. Charisse Carrillo 616-241-2402 ccarrillo@tphgr.org

Student lunch is free to all

Meals Provided By: Chartwells School Dining Services at Godfrey-Lee Public Schools

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include

1% white and skim chocolate.

A cold vegetable and fruit bar is available daily

		table and truit bar is available		
Monday	Tuesday	Wednesday	Thursday	Friday
30-Sep	1-Oct	2-Oct MAIN ENTREES	3-Oct	
French Bread Pepperoni Pizza	Chicken Fries (8)	Classic American Cheeseburger	Chicken Quesadillas (2)	BBQ Rib-BQ Sandwich
	Tater Tots	Ruffle Potato Chips	Spanish Rice	* FROZEN SLUSHIE FRIDAY*
		ON THE GO	•	
King Size Pretzel w/ Cheese sauce and	WOWButter and Jelly Fun Lunch W/ String	Fun Lunch: Blueberry Pancakes,	Italian Sub Fun Lunch W/	Apple Horchata Parfait W/ Bluebe
Strawberry Yogurt	Cheese and Goldfish Creackers	Danimals Yogurt and String Cheese	Garden Salsa Chips	Muffin
		SIDES FOR ALL MEALS		
Seasoned Green Beans	Seasoned Corn	Baked beans FRUIT & VEGETABLE BAR	Elotes	Baked Fries
Fresh Baby Carrots	Fresh Cherry Tomatoes	Fresh Cauliflower Florets	Black Bean and Salsa Salad	Broccoli
Garbanzo Beans	Pea Bacon Salad	Red Bell Pepper Strips	Fresh Baby Carrots	Chopped Romaine Lettuce
Peach Cup	Chilled Canned Pears	Mixed Fruit Cocktail	Watermelon Cubes	*Frozen Slushie Friday*
Fresh Red Delicious Apple	Fresh Orange Wedges	Baked Apple Slices with Cinnamon	Fresh Pear	Fresh Red Seedless Grapes
7-Oct	8-Oct	9-Oct	10-Oct	1
		MAIN ENTREES		
Crispy Chicken Sandwich	Cheesy Enchiladas	Pizza Crunchers (4) W/ Marinara	Turkey Hot Dog W/ Chili and Cheese	Chicken Tenders
				Au Gratin Potatoes, WG Roll
				FROZEN SLUSHIE FRIDAY*
		ON THE GO		
Nachos Fun Lunch	Mixed Berry Parfait with Granola	Club Sub	Chicken Ceasar Salad Croutons	Mixed Berry Parfait with Granola
	Banana Muffin	Goldfish Crackers	Lemon Chip Bar	Banana Muffin
		SIDES FOR ALL MEALS		
Waffle Fries	Mexican Street Corn	Seasoned Peas	Potato Wedges	Seasoned Mixed Vegetables
		FRUIT & VEGETABLE BAR		
Dark Green Salad Crunchy Mix	Salsa, Sour cream Packet	Caesar Salad	Fresh Cherry Tomatoes	Fresh Baby Carrots
Fresh Cherry Tomatoes	Seasoned Black Beans	Red Bell Pepper Strips	Fresh Celery Sticks	Fresh Broccoli Florets
Jello with Fruit	Seasoned Black Beans Chilled Mandarin Oranges	Strawberry Cup	Chilled Diced Pears	Fresh Broccoll Florets Fresh Banana
Honeydew Cubes	Fresh Red Delicious Apple	Apple, Banana & Watermelon Salad	Cantaloupe Cubes	Fresh Orange Wedges
14-Oct	15-Oct	Apple, Banana & Watermeion Salad 16-Oct	17-Oct	riesh Grange Wedges
		MAIN ENTREES		
Corn Dog	Teryaki Beef	Pulled Chicken Sandwich	French Toast	
Baked Beans	Fried Brown Rice		Sausage Patties	NV/a
	Vegetable Egg Roll			while
		ON THE GO		
King Size Pretzel w/ Cheese sauce and	WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers	Fun Lunch: Pizza Flatbread	Italian Sub Fun Lunch W/	
Strawberry Yogurt				
			Garden Salsa Chips	
		SIDES FOR ALL MEALS	Garden Salsa Chips	
Wedge Potato Fries		SIDES FOR ALL MEALS		NU
Wedge Potato Fries	Oriental Vegetables	Baked Beans	Garden Salsa Chips Hash Brown Patty	NU
	Oriental Vegetables			INU SCHOOL
Fresh Cherry Tomatoes	Oriental Vegetables Tossed Salad with Italian Dressing	Baked Beans FRUIT & VEGETABLE BAR Coleslaw	Hash Brown Patty Fresh Broccoli Florets	IN U SCHOOL
Fresh Cherry Tomatoes Fresh Cauliflower Florets	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers	SCHOOL
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Fresh Cauliflower Florets Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices 21-Oct Crunch Burger Cinne Burger Cing Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chiled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots Nachos Fun Lunch	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes 22-Oct Taco Tuesday Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Mexican Style Refried Beans Salsa Shredded Romaine Lettuce Mixed Fruit Cocktail Fresh Banana 29-Oct Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola Banana Muffin	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tidbits Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE GO Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Cherry Tomatoes Colorful Tossed Salad Pineapple Tidbits Watermeion Cubes 30-Oct MAIN ENTREES Orange Chicken Lo Mein noodles, Vegetable Egg Roll ON THE GO Club Sub Goldfish Crackers SIDES FOR ALL MEALS	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct EVALUATION	Pepperoni Pizza * FROZEN SLUSHIE FRIDAY Mixed Berry Parfait with Granol Banana Muffin
Fresh Cherry Tomatoes Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices 21-Oct Crunch Burger King Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chilled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes Taco Tuesdav Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Mexican Style Refried Beans Mexican Style Refried Beans Salsa Shredded Romaine Lettuce Mixed Fruit Cocktail Fresh Banana 29-Oct Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tiblits Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE GO Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Cherry Tomatoes Colorful Tossed Salad Pineapple Tiblits Watermeion Cubes 30-Oct MAIN ENTREES Orange Chicken Lo Mein noodles, Vegetable Egg Roll ON THE GO Club Sub Goldfish Crackers SIDES FOR ALL MEALS Sesame Broccoli Salad	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct Chicken Ceasar Salad Croutons	Pepperoni Pizza • FROZEN SLUSHIE FRIDAY
Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices Crunch Burger Cing Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chilled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots Baked Beans	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes Taco Tuesday Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Mexican Style Refried Beans Mexican Style Refried Beans Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola Banana Muffin Savory Green Beans	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tiblits Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE GO Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Cherry Tomatoes Colorful Tossed Salad Pineapple Tiblits Watermeion Cubes 30-Oct MAIN ENTREES Orange Chicken Colades, Vegetable Egg Roll ON THE GO Club Sub Goldfish Crackers SIDES FOR ALL MEALS Sesame Broccoli Salad FRUIT & VEGETABLE BAR	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct SCHOOL SCHOOL SCHOOL 31-Oct Beef Teriyaki Dippers Honey Com Biscuit Chicken Ceasar Salad Croutons Lemon Chip Bar Mashed Potatoes	Pepperoni Pizza * FROZEN SLUSHIE FRIDAY Mixed Berry Parfait with Granol Banana Muffin Seasoned Broccoli
Fresh Cherry Tomatoes Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices 21-Oct Crunch Burger King Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chilled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots Nachos Fun Lunch Baked Beans Fresh Celery Sticks	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes Taco Tuesday Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WowButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Cheese Tortellini V/ Meat Sauce Garlic Breadstick Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola Banana Muffin Savory Green Beans Fresh Cherry Tomatoes	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tiblts Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE 60 Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Cherry Tomatoes Colofful Tossed Salad Pineapple Tiblts Watermelon Cubes 30-Oct MAIN ENTREES Orange Chicken Lo Mein noodles, Vegetable Egg Roll ON THE 60 Club Sub Goldfish Crackers SIDES FOR ALL MEALS Sesame Broccoli Salad FRUIT & VEGETABLE BAR Broccoli Florets	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct SCHOOL 31-Oct Beef Teriyaki Dippers Honey Com Biscuit Chicken Ceasar Salad Croutons Lemon Chip Bar Mashed Potatoes Colorful Tossed Salad	2 The set of the set
Fresh Cherry Tomatoes Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices 21-Oct Crunch Burger Cing Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chilled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots Nachos Fun Lunch Baked Beans Fresh Celery Sticks Red Bell Pepper Strips	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes Taco Tuesday Taco Tuesday Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Salsa Shredded Romaine Lettuce Mixed Fruit Cocktail Fresh Banana Shredded Romaine Lettuce Mixed Fruit Cocktail Fresh Banana Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola Banana Muffin Savory Green Beans Fresh Cherry Tomatoes Spinach and Strawberry Salad	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tidbits Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE GO Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Chory Tomatoes Colorful Tossed Salad Pineapple Tidbits Watermelon Cubes 30-Oct MAIN ENTREES Orange Chicken Lo Mein noodles, Vegetable Egg Roll ON THE GO Club Sub Goldfish Crackers SIDES FOR ALL MEALS Sesame Broccoli Salad FRUIT & VEGETABLE BAR Broccoli Florets Chopped Romaine Lettuce	Hash Brown Patty Fresh Broccoli Florets Silced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct EVENTION	Pepperoni Pizza * FROZEN SLUSHIE FRIDAY* Mixed Berry Parfait with Granol Banana Muffin Seasoned Broccoli Cucumber Slices Shredded Romaine Lettuce
Fresh Cherry Tomatoes Fresh Cauliflower Florets Peach Cup Cinnamon Apple Slices 21-Oct Crunch Burger King Size Pretzel w/ Cheese sauce and Strawberry Yogurt Peas and Carrots Red Bell Pepper Strips Confetti Cole Slaw Chilled Mandarin Oranges Strawberry Cup 28-Oct Sloppy Joes Tater Tots Nachos Fun Lunch Baked Beans Fresh Celery Sticks	Oriental Vegetables Tossed Salad with Italian Dressing Fresh Radish Slices Chilled Pears Honeydew Cubes Taco Tuesday Shredded Cheese WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WOWButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers WowButter and Jelly Fun Lunch W/ String Cheese and Goldfish Creackers Cheese Tortellini V/ Meat Sauce Garlic Breadstick Cheese Tortellini W/ Meat Sauce Garlic Breadstick Mixed Berry Parfait with Granola Banana Muffin Savory Green Beans Fresh Cherry Tomatoes	Baked Beans FRUIT & VEGETABLE BAR Coleslaw Fresh Celery Sticks Pineapple Tiblts Cantaloupe Cubes 23-Oct MAIN ENTREES Mashed Potato & Chicken Bowl WG Dinner Roll, Chicken Gravy ON THE 60 Fun Lunch: Blueberry Pancakes, Danimals Yogurt and String Cheese SIDES FOR ALL MEALS Seasoned Corn FRUIT & VEGETABLE BAR Fresh Cherry Tomatoes Colofful Tossed Salad Pineapple Tiblts Watermelon Cubes 30-Oct MAIN ENTREES Orange Chicken Lo Mein noodles, Vegetable Egg Roll ON THE 60 Club Sub Goldfish Crackers SIDES FOR ALL MEALS Sesame Broccoli Salad FRUIT & VEGETABLE BAR Broccoli Florets	Hash Brown Patty Fresh Broccoli Florets Sliced Cucumbers Tropical Mixed Fruit Fresh Golden Delicious Apple 24-Oct 24-Oct SCHOOL 31-Oct Beef Teriyaki Dippers Honey Com Biscuit Chicken Ceasar Salad Croutons Lemon Chip Bar Mashed Potatoes Colorful Tossed Salad	2 The seasoned Broccoli Cucumber Slices



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Questions or comments? Please call Monica Collier Food Service Director at 616-452-3296 ext 4332 Menu is subject to change without notice.