

## What's on the Menu?



Breakfast is served everyday right in your classroom and is a great way to start your day off right!

Breakfast includes lots of good whole grains, 2 fresh fruit and milk every day!!

Hot Breakfast every

FRIDAY

Monday	Tuesday	Wednesday	Thursday	Friday
29-Sep	30-Sep	1-0ct	2-0ct	3-0ct
Chocolate Chip Ultimate Breakfast Round	Mini Blueberry Waffles	Whole Grain Banana Muffin	Frosted Fudge WG Pop Tarts	Sausage Breakfast Pizza
		Low Fat Mozzarella String Cheese	Strawberry Banana Yogurt	
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Grapes	Fresh Bananas	Fresh Pears	Mandarin Cup	Cinnamon Applesauce
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
6-Oct	7-0ct	8-Oct	9-Oct	10-Oct
Cocoa Puffs, Cup	Cinnamon Toast crunch Mini French Toast	Nature Valley Apple Cinnamon Breakfast Bar	Golden Grahams Cereal Cup	Egg and Cheese Breakfast Burrito
Low Fat Mozzarella String Cheese		Danimals Strawberry Yogurt		
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Peach Cup	Grapes	Fresh Pear	Fresh Banana	Apple Slices
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
13-Oct	14-0ct	15-Oct	16-Oct	17-0ct
Banana Chocolate Chip Bar Nature Valley	Blueberry Nutrigrain Bar	Apple Cinnamon Muffin	Strawberry Banana Smoothie	
Low Fat Mozzarella String Cheese		Triple Cherry Yogurt	Graham Crackers	
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	INU
Applesauce Cup	Fresh Banana	Strawberry Cup	Apple Slices	SCHOOL
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	SCHOOL
Skim Milk	Skim Milk	Skim Milk	Skim Milk	000
20-Oct	21-0ct	22-0ct	23-0ct	24-Oct
Golden Grahams Cereal Bar	Cinnamon WG PopTarts	Mini Confetti Pancakes	Whole Grain Bagel with Cream Cheese Cup	Apple Frudel
	Low Fat Mozzarella String Cheese			
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Grapes	Tropical Fruit Cup	Fresh Pear	Fresh Banana	Apple Slices
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
27-Oct	28-Oct	29-Oct	30-Oct	31-0ct
Trix RS Cereal Bowl	French Toast Benefit Bar	Blueberry WG Pop-tarts	Mini Cinni's	Turkey Egg and Cheese Stuffed Sandwich
Triple Cherry Yogurt		Raspberry Rainbow Yogurt		
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Applesauce Cup	Fresh Banana	Strawberry Cup	Apple Slices	Fresh Pear
1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk	1% Low-fat Milk
Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk