

# What's on the Menu?

## Chartwells School Dining Services at Godfrey-Lee Public Schools TPH Pre-School - Breakfast - October 2025

Student Breakfast is FREE to ALL

Breakfast is served everyday right in your classroom and is a great way to start your day off right!  
Breakfast includes lots of good whole grains, 2 fresh fruit and milk every day!

Hot Breakfast every

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| 29-Sep  | 30-Sep  | 1-Oct   | 2-Oct  | 3-Oct   |
| Whole Grain Bagel with Cream Cheese Cup   | Mini Blueberry Waffles  | Whole Grain Banana Muffin   | WG Mini Pretzels   | Sausage Breakfast Pizza   |
| Assorted Fruit Juice<br>Grapes<br>1% Low-fat Milk<br>Skim Milk  | Assorted Fruit Juice<br>Fresh Bananas<br>1% Low-fat Milk<br>Skim Milk                             | Low Fat Mozzarella String Cheese<br>Assorted Fruit Juice<br>Fresh Pears<br>1% Low-fat Milk<br>Skim Milk | Strawberry Banana Yogurt<br>Assorted Fruit Juice<br>Mandarin Cup<br>1% Low-fat Milk<br>Skim Milk | Assorted Fruit Juice<br>Cinnamon Applesauce<br>1% Low-fat Milk<br>Skim Milk           |
| 6-Oct   | 7-Oct   | 8-Oct   | 9-Oct  | 10-Oct  |
| Cocoa Puffs, Bowl R/S   | Cinnamon Toast crunch Mini French Toast   | Whole Grain Bagel with Cream Cheese Cup   | Golden Grahams Cereal, Bowl R/S  | Egg and Cheese Breakfast Burrito  |
| Low Fat Mozzarella String Cheese<br>Assorted Fruit Juice<br>Peach Cup<br>1% Low-fat Milk<br>Skim Milk | Assorted Fruit Juice<br>Grapes<br>1% Low-fat Milk<br>Skim Milk                                    | Danimals Strawberry Yogurt<br>Assorted Fruit Juice<br>Fresh Pear<br>1% Low-fat Milk<br>Skim Milk        | Assorted Fruit Juice<br>Fresh Banana<br>1% Low-fat Milk<br>Skim Milk                             | Assorted Fruit Juice<br>Apple Slices<br>1% Low-fat Milk<br>Skim Milk                  |
| 13-Oct  | 14-Oct  | 15-Oct  | 16-Oct   | 17-Oct  |
| WG Mini Pretzels  | Bagel W/ Light Cream Cheese Cup   | Apple Cinnamon Muffin   | Strawberry Banana Smoothie   |  |
| Low Fat Mozzarella String Cheese<br>Assorted Fruit Juice<br>Applesauce Cup<br>1% Low-fat Milk         | Assorted Fruit Juice<br>Fresh Banana<br>1% Low-fat Milk   | Triple Cherry Yogurt<br>Assorted Fruit Juice<br>Strawberry Cup<br>1% Low-fat Milk                       | Assorted Fruit Juice<br>Apple Slices<br>1% Low-fat Milk  |   |
| 20-Oct  | 21-Oct  | 22-Oct  | 23-Oct   | 24-Oct  |
| WG Goldfish Crackers  | Pineapple Mango Smoothie  | Mini Confetti Pancakes  | Whole Grain Bagel with Cream Cheese Cup  | Whole Grain Banana Muffin   |
| Strawberry Banana Bash Yogurt<br>Assorted Fruit Juice<br>Grapes<br>1% Low-fat Milk                    | Low Fat Mozzarella String Cheese<br>Assorted Fruit Juice<br>Tropical Fruit Cup<br>1% Low-fat Milk | Assorted Fruit Juice<br>Fresh Pear<br>1% Low-fat Milk   | Assorted Fruit Juice<br>Fresh Banana<br>1% Low-fat Milk  | Assorted Fruit Juice<br>Apple Slices<br>1% Low-fat Milk                               |

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