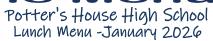


What's on the Menu?



Student lunch \$0.00 Reduced price \$0.00

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk.

Milk choices include 1% white and skim chocolate.

Manday		bices include 1% white and skim chock		Prider
Monday 5-Jan	Tuesday 6-Jan	Wednesday 7-Jan	Thursday 8-Jan	Friday 9-Jan
Baked Chicken, Mashed Potaoes, Gravy, Corn & a biscuit	Turkey Sausage Links, Waffles, & tater tots	Baked Cheesy Tortellini W/ Meat Sauce & WG Texas Toast	Orange Chicken, Fried Rice, Egg Roll and Seasoned Oriental Vegetables	Hot Dog Bar with Chilli and Cheese Sauce
Whole Grain Chicken Tenders & WG Biscuit	Turkey corn dog	Jalapeno Cheeseburger	Breaded Chicken Sandwich on Whole Grain Bun	Spicy tenders w/ dinner Roll
WG Cheese Pizza	WG Pepperoni Pizza	BBQ Chicken Pizza	Bosco Stick With Sauce	WG Cheese Pizza
Brust'O Berry Parfait	Chef Salad with Ham, Turkey Croutons & Gold Fish Crackers	Brust'O Berry Parfait	Chef Salad with Ham, Turkey Croutons & Gold Fish Crackers	Brust'O Berry Parfait
Chopped Romaine lettuce	Fresh Baby Carrots	Caesar Romaine Salad	Oriental Vegetables	Cherry Tomatoes
Coleslaw	Fresh Cucumbers	Sweet peas	Edamame Salad	Fresh Celery Stick
Shredded Carrots	Broccoli Slaw	Fresh Baby Carrots	Shredded Romaine Lettuce	Romaine Spinach Salad
Chilled Pears	Mandarin Oranges	Rosy Applesauce	Chilled Pineapple	Jello with Fruit
Fresh Orange Wedges 12-Jan	Fresh Honeydew Melon 13-Jan	Fresh Pears 14-Jan	Banana 15-Jan	Fresh Apple
12-Jan	13-Jan	14-Jan	Bone-in Buffalo Wings, Curly Fries &	16-Jan Scrambled Eggs, Pancakes and Tater
Chicken Alfredo Rotini & Garlic Twist	Cheesy Enchiladas (2) W/ Spanish Rice	Sloppy Joes W/ Potato Chips	Biscuits	Tots
Spicy Chicken Sandwich	French Bread Cheese Pizza	Chicken Crispitos (2) W/ Salsa Cup	Turkey corn dog	Hamburger on Whole Wheat Bun
WG Cheese Pizza	Ham & Cheese Pizza	WG Cheese Pizza	Meat Lovers Pizza	Buffalo Chicken Pizza
Blueberry Yogurt Parfait	BBQ Chicken Salad, Croutons & a Muffin	Blueberry Yogurt Parfait	BBQ Chicken Salad, Croutons & a Muffin	Blueberry Yogurt Parfait
Broccoli	Fresh Pico de Gallo	Cherry Tomatoes	Carrot Sticks	Sliced Radishes
Green Peas	Tossed Salad	Sliced Red Peppers	Celery Sticks	Broccoli Florets
Mandarin Oranges	Chilled Pears	Apple Salad with yougurt and Honey	Chilled Tropical Fruit	Chilled Peaches
Fresh Grapes	Fresh Cantaloupe	Fresh Oranges	Fresh Banana	Fresh Pear
19-Jan Chicken Tiki Masala W/ Basamati rice and Naan Bread	20-Jan Pasta, Meatballs & Marinara served with a Dinner Roll	21-Jan Pulled Chicken Sandwich W/ Corn on the Cobb	22-Jan Teriyaki Beef, Fried Rice, Vegetable Egg Roll W/ a fortune cookie	23-Jan Spicy chicken tenders & Macaroni and Cheese served with a breadstick
Cheeseburger on Whole Grain Bun	Spicy tenders w/ dinner Roll	Breaded Chicken On WG Bun	Whole Grain Chicken Tenders & Dinner Roll	Cheeseburger on Whole Grain Bun
Steamed Broccoli			Sesame Broccoli Salad	
WG Cheese Pizza	WG Pepperoni Pizza	WG Cheese Pizza	WG Meat Lovers Pizza	BBQ Chicken Pizza
Strawberry Banana Yogurt Parfait	Cobb Salad and Muffin	Strawberry Banana Yogurt Parfait	Cobb Salad and Muffin	Strawberry Banana Yogurt Parfait
Tossed salad	Fresh Shredded Carrots	Coleslaw	Fresh Baby Carrots	Cherry Tomatoes
Fresh Celery Sticks	Peas	Chopped Romaine lettuce	Hearthy Green Spinach and cranberry Salad	Caesar Salad
Fresh Baby Carrots	Broccoli Ranch Salad w/ Carrots	BBQ Bean Salad	Sliced bell peppers	Cauliflower Florets
Rosy Applesauce	Chilled Mixed Fruit	Chilled Pineapples	Chilled Peaches	Chilled Pears
Fresh Banana 26-Jan	Fresh Honeydew Melon 27-Jan	Fresh Oranges 28-Jan	Fresh Grapes 29-Jan	Fresh Apple 30-Jan
Jerk Chicken, Sofrita Rice and Black beans	Build Your Own Nacho Bar W/ Refried Beans	Mashed Potato and Popcorn Chicken Bowl	Build your own baked potato bar: Chili, Cheese, Bacon, Ham and Broccoli Served with Corn bread poppers (6)	
Breaded Chicken Sandwich	Pancake on a stick (2)	Chicken Crispitos (2)	Spicy Chicken Tenders and Dinner Roll	MIC
WG Pepperoni Pizza	WG 6" Bosco Sticks (2) with Sauce	Buffalo Chicken Pizza	WG Cheese Pizza	
Strawberry & Blueberry Yogurt Parfait	Roasted Turkey Club Salad w/ Croutons & Goldfish Crackers	Strawberry & Blueberry Yogurt Parfait	Roasted Turkey Club Salad w/ Croutons & Goldfish Crackers	INO
Chopped Romaine lettuce	Salsa & Shredded lettuce	Fresh Cucumber Slices	Sweet peas	CCHOOL
Chick Pea Salad	Fresh Baby Carrots	Fresh Cherry Tomato	Caesar Salad	SCHOOL
Cherry Tomatoes	Fresh Spinach	Tossed salad	Sliced Radishes	
Watermelon	Fresh Pear	Cantaloupe Cubes	Apple Salad w/ yogurt dressing	/\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
i	Apple Salad with yougurt and Honey	Chilled Tropical Fruit	Chilled Peaches	

